

## Monthly Analysis

Month: \_\_\_\_\_

This month I had \_\_\_\_\_ entries in my Personal Thoughts Journal.

This month I set \_\_\_\_\_ Action Items.

This month I completed \_\_\_\_\_ Action Items.

**This month for achieving my goals, I am rewarding myself:**

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**This is how I feel about my success this month:**

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**These are things I need to work on for next month:**

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